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Fifth Sunday in Ordinary Time, Year A:
Day of Prayer for Victims of Trafficking

Prayers and Readings are from page 706 in the missal

Entrance Antiphon:

O come, let us worship God and bow low before the God who made us, for he is the Lord our God.

Psalm Response:

A light rises in the darkness for the upright.

Gospel Acclamation:

Alleluia, alleluia. Rejoice and be glad, for your reward is great in heaven.
Alleluia.

Eucharistic Prayer: No. 3 (Page 613)

Communion Antiphon:

Blessed are those who mourn, for they shall be consoled. Blessed are those who hunger and thirst for righteousness, for they shall have their fill.

Readings: Isaiah 58:6-10. Ps 112(111). I Corinthians 2:1-5. Matthew 5:13-16.

Divine Office: Week 1 (5th Week in Ordinary Time, Year 2 for daily readings)

Confessions Saturday 16.30 – 17.00 pm or by arrangement

St Mary's RC Parish Thetford – Newsletter

Sunday 8th February 2026 – Fifth Sunday in Ordinary Time

Saturday 7 th	17.30 pm	
Sunday 8 th	08.00 am	<i>For the Parish</i>
	10.00 am	<i>Special Intention</i>
Monday 9 th	No Mass	
Tuesday 10 th <i>St Scholastica</i>	No Mass	
<i>Benediction</i>	09.30 am	
Wednesday 11 th <i>Our Lady of Lourdes</i>	No Mass	
Thursday 12 th	No Mass	
Friday 13 th	No Mass	
Saturday 14 th <i>SS. Cyril & Methodius</i>	17.30 pm	
Sunday 15 th <i>6th Sunday in Ordinary Time</i>	08.00 am	
	10.00 am	

Coffee and Tea on Sunday and Tuesday after the 10.00 Mass

Please email items for the newsletter by the end of Wednesday each week to michael.brookes@rcdea.org.uk

Collections

Sunday 1st February: £497.30 (of which £130 is gift aided) plus £316 in direct-to-bank contributions (average weekly figure). Many thanks for your financial support.

Prayer Requests

We remember in our prayers those who are sick: Fr Peter Leeming, Fatima Anja, Deacon Justin Cross, Patricia & Vittorio Cocuccio, Alycia Frydryk, Hazel Fullbrook, Albert and Maureen Huggett, Aneta, Theresa Lescott, Sheila Sheppard, Madeline Tanner, Clive Townsend and Greg Warwick.

Day of Prayer for Victims of Trafficking

This Sunday we pray for the Victims of Trafficking and Slavery and for their rescue. We celebrate the Feast of St Josephine Bakita, a Sudanese woman who was canonised by Pope St John Paul II in 2000. She was sold into slavery, rescued and then became a nun in Italy.

The number of enslaved souls currently estimated to be living all around East Anglia is 5,000. Pope Francis wanted us to "find" enslaved people. All that means is learning (simply) to spot the signs and safely report any concerns to the Modern Slavery Helpline 08000 121 700. The group of Diocesan Freedom Watchers is looking for your help in a number of ways. Contact: john_simong@hotmail.com or search for "RCDEA slavery" online to learn more and how you can help. All you need is a desire to end slavery.

Rachel's Vineyard Ministry

Are you or someone you know hurting from past abortion(s)? *Rachel's Vineyard is a healing ministry for those who are suffering from the trauma of abortion.* The healing weekends offer a supportive, confidential and non-judgemental environment where women and men can deal with painful post-abortive emotions and receive healing.

The next Rachel's Vineyard retreat weekend in our diocese will take place on **March 6th – 8th 2026**. With booking now open and a limited number of places, it is advisable to book early. For more information

about this retreat or to arrange a time to chat please contact Helen on 0772 118 2521; or send an email to:

suffolk@rachelsvineyard.org.uk

For further information about Rachel's Vineyard or to find out about other retreat dates and locations please visit:

<https://www.rachelsvineyard.org.uk>

26 Club

The January 26 club winners have now been drawn. Please ask Deacon Justin for your winnings!

1st Mick Mills #31

2nd Colin Fitch #53

3rd John Connelly #41

Parish Mission in Bury St Edmund's: 22nd February - 1st March

Some of the sisters from the Community of Our Lady of Walsingham will be running a parish mission at St Edmund's in Bury to which all those in the vicinity are also welcome to attend. There will be talks from the Monday - Friday both in the morning and evening, and a retreat day on Saturday 28th February along with other events including all night Adoration. For a full program and further information go to: www.walsinghamcommunity.org/stedmunds

Maintenance Professional

Saint Mary's Parish Church is seeking a reliable, multi-skilled maintenance professional for short to medium-term work. The ideal candidate will have a strong work ethic, a range of trade skills, and a commitment to delivering high-quality results. Duties include general repairs, upkeep, and improvements to the church building and grounds. Contact Raul at: raulparreno@gmail.com