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19th Sunday of the Year

Prayers and Readings p.757 in the missal

Entrance antiphon:

Look to your covenant, O Lord,
 and forget not the life of your poor ones for ever.
 Arise, O God, and defend your cause,
 and forget not the cries of those who seek you.

Responsorial Psalm:

Show us, O Lord, your mercy, and grant us your salvation.

Gospel Acclamation:

I long for you, O Lord, my soul longs for his word.

Eucharistic Prayer:

Eucharistic Prayer III (5.30pm & 8 am).

Eucharistic Prayer I (10 am).

Communion Antiphon

O Jerusalem, glorify the Lord, who gives you your fill of finest wheat.

Readings:

Isaiah 55:1-3. Psalm 145 (144) Romans 8:35-39; Matthew 14:13-21.

Marian Antiphon (at the end of the 5.30 pm and 8 am Mass)

Salve Regina – please see the Marian Antiphon prayer cards.

The Diocese of East Anglia is a registered Charity No 278742

ST MARY'S CATHOLIC CHURCH THETFORD

Celebrating 200 years proclaiming the Good News of Jesus Christ

Sunday 9th August 2026

19TH SUNDAY OF THE YEAR

Saturday 8th 1730 *Deacon Paul*

Sunday 9th 0800 *Pro Populo*

1000 *For the Common Good*

Monday 10th St Lawrence NO MASS

Tuesday 11th St Clare 0930 Adoration & Benediction

1000

Wednesday 12th Feria 1830

Thursday 13th Feria 1830 *Dalia*

Friday 14th St Maximilian Kolbe 1000

ASSUMPTION OF THE BVM

Saturday 15th Feria 1600 Confessions

1730 *Annie & Jack Grace ✕*

Sunday 16th Assumption of the
Blessed Virgin Mary 0800

1000 *Pro Populo*

Confessions Saturday at 4 pm, or **by appointment after any Mass.**
Confession is one of the greatest gifts of the Church. If you are at all anxious about Confession, please speak to Fr Andrew first.

Dates for your diary

18th August: St Helen's Day Picnic, Santon Downham
19-20th Sept: Heritage Open Days
21-23rd Sept: Fr Andrew's Sponsored Walk to Walsingham

Prayer Requests We pray for the sick: Fatima Anja, Patricia & Vittorio Cocuccio, Alicya Frydryk, Hazel Fullbrook, Maureen Huggett, Ann Jones, Theresa Lescott, Sheila Sheppard, Madeline Tanner, and Clive Townsend. We remember in our prayers those who have died recently, and their families and friends: Luna Freitas, Ann Griffin, Albert Huggett, Greg Warwick and Mirella Zubacz.

- **Missals for Children.** We now have **Children's Missals** at the back of the church, together with a separate bulletin for children. **Please do not take the children's missals home** - we've already lost most of them!
- **Gift aid.** If you pay UK tax on income or capital gains or a pension, please consider Gift Aiding your donations. For every £1 you donate to the parish each week, we can reclaim 25p from the taxman. The gift-aid claim is made by the diocese on our behalf, so **any information that you provide goes to the diocese not to the government.** It is a very big help for the parish, and it doesn't cost you anything!
- **Donating by card.** In the church porch we now have a **card-reader** and tablet so that donations can be made via card instead of cash. You can make your weekly offering, or give donations for Mass intentions or candles. Just tap the screen and follow the instructions – and thank you for your continuing support of the parish.
- A reminder that as usual during the summer there **will be no tea or coffee after Mass for the month of August.** Normal service will resume on Sunday 6th of September. Thank you to all the team who help out, and who will now enjoy a well-earned rest!

St Clare of Assisi – Feast day 11th August

“Love transforms us. We become what we love, and what we love shapes what we become. If we love things, we become a thing. If we love nothing, we become nothing. If we love Christ we become Christ. Imitating Christ means that we become the image of the beloved. When we love our neighbour we are transformed through compassion, and we become more ourselves. In becoming more ourselves, we become more like Christ. This is the transformation worked by Love. As Christians we are called to become vessels of God's compassionate love for others; this will transform us, and make us more like Christ.”

- **St Helen's Day Picnic:** One of our Jubilee projects is to go on more **pilgrimages** – and there are many holy sites that we can visit in our own local area. On **Tuesday 18th August**, the Feast of St Helena, we will visit the Holy Well of St Helen, in the forest at Santon Downham, to ask for the prayers of St Helena and to enjoy a parish picnic. Mass will be at **10am in the Church**, with the picnic afterwards.
- On **September 19th–20th** we will be taking part for the first time in the **Heritage Open Day weekend**: this is part of our Jubilee effort to make our parish more visible in the local region. We need **volunteers** so that the church can be **open from 11 till 5** on **Saturday 19th and Sunday 20th**. Please speak to Deacon Paul if you are able to help.
- **Help please!** One of the jobs that always needs doing in the parish is **cleaning the Church and Hall**. We have a small group of loyal volunteers, but they really need some help. If you can spare an hour once a week or even once a month, at any time during the day or in the evening, please speak to Mary Gorman or Fr Andrew.
- Fr Andrew will be doing a **Sponsored Walk to Walsingham** to support our Jubilee projects on **September 21st–23rd**. Please sponsor him if you are able. There is a sponsorship sheet at the back of the church, or you can donate via the Dona card-reader. Anyone who would like to join Fr Andrew for the first mile of the walk is very welcome!

“I see Mary everywhere. I see difficulties nowhere.”

ST. MAXIMILIAN KOLBE - FEAST DAY 14TH AUGUST